



# PARENT GUIDE



A guide to signing with children from birth to age 8  
for parents, teachers, and professionals



## USING SIGNING TIME WITH INFANTS, TODDLERS AND OLDER CHILDREN

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Welcome to Signing Time! This Guide provides you with steps you can follow to get the most out of Signing Time and begin this exciting process of discovery with your child.

This guide contains the following sections:

- Signing with Infants (0-12 months)
- Signing with Toddlers (13-36 months)
- Signing with Older Children (3-103 years)
- Signing with Children with Special Needs

Find the section best suited for your needs. Most importantly, have fun!

### SIGNING WITH INFANTS (0-12 MONTHS)

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Signing with your baby can offer you a view into your baby's thoughts and needs, help reduce tantrums, and empower your baby to express himself and feel understood long before speech develops.

You can start signing as soon as your baby is born, although she won't be ready to sign back to you just yet. The advantage of this approach is that it can help you develop the habit of using signs in your daily routines. Before your baby signs to you, she will let you know that she understands a sign by responding with a smile, pointing or kicking her feet. While most babies begin to sign between 9 and 13 months of age, we have received increasing reports of babies making their first signs as early as 5 and 6 months of age! While this is not typical, it proves that it is never too early to start. If your baby is 6-12 months old, start signing right away!

#### Start with 3-5 Signs

The most common signs to start with are MILK, MORE, and EAT. Watch *Signing Time: My First Signs* to see Rachel demonstrate the signs. Then, use these signs every time you speak those words to your baby.

#### Use the Signs Frequently and Consistently

When you nurse or give your baby a bottle, sign and say, "Do you want some MILK?" Then talk about the milk and make the sign as your baby eats: "We're having MILK. MILK is so good!" Repetition is the key to success in signing with babies. The more your baby sees a sign, the faster he will learn it.





### Talk to Your Baby

Signing doesn't mean being silent. When you want to communicate, look at your child and make eye contact. Make the sign directly in your baby's line of sight so your baby can see your eyes, the sign, and your mouth. Then speak to your baby, emphasizing the word you are signing. For example, you might say and sign, "Do you want some MORE bananas?"

### Be Patient

If your baby is between 6-9 months, it may take 2 months or more for your baby to make the first sign. If your baby is older, you could see results sooner. Just remember that babies recognize the signs long before they can make them. Your baby may show her understanding when you sign MILK by pointing at her bottle or reaching out for it. Look for these signs, and keep signing!

### Watch Signing Time Together

Signing Time videos feature engaging music and animation and show many examples of each sign for quick learning. Although the videos are geared for children, you can learn signs right along with your child. Make the signs as you watch the video together so your baby can see you signing, too. To learn even more signs that infants love, check out the Baby Signing Time video series at [www.BabySigningTime.com](http://www.BabySigningTime.com).

### Look for Signs

Most first signs don't look exactly right because babies adapt signs to their physical abilities. As fine motor skills develop, signs will also develop. (This is very similar to how speech develops. Daa-daa becomes Daddy and Bah-bah becomes bottle.) That is one of the fun things about Signing Time—you can see children of all different abilities signing.

Encourage any attempts your baby makes to communicate with praise and positive reinforcement. If you think it is a sign, say, "Oh, you're signing MILK. Do you want some MILK?" Continue to make the signs correctly and your baby will learn to make the signs correctly.

### Add Signs

As your baby learns signs and begins to sign, consider adding other signs like SHOES and BATH. Choose signs that will be easy for you to use in your baby's daily routine. Build your signing vocabulary by continuing to use the signs you already know as you add new ones.

As your baby begins to sign one sign at a time, consider introducing two-sign combinations like "MORE BALL." This is a combination that Leah signs in the book *Signing Time Volume 1: My First Signs*.

Remember, the goal is communication, not perfect signing. Make it fun! Enjoy the deep sense of connection you feel when you begin to have two-way conversations with your baby.





## SIGNING WITH TODDLERS (13-36 MONTHS)

Signing with toddlers is fun and rewarding because toddlers have a passion for communication. Toddlers' first attempts at speaking are not always clear. Signing can empower them to express their wants and needs in a way that is easy to understand, which can help reduce tantrums.

### Watch Signing Time Together – and Learn Together

As soon as you receive your Signing Time videos, start watching them. Rachel demonstrates every sign so you can learn how to sign correctly. In addition, Signing Time includes engaging music, animation, and shows lots of children signing. This teaches your toddler that other children sign too, and facilitates quick learning.

Interact with your toddler while watching Signing Time videos. Make the signs along with the DVD so your toddler can see you signing too. Sing and dance as you sign with the songs for a fun movement activity. To learn more signs that toddlers love, check out the Baby Signing Time series at [www.BabySigningTime.com](http://www.BabySigningTime.com).

### Use the Signs Frequently and Consistently

Use the signs you know as frequently and consistently as possible. Mealtime is a great time to sign. When your toddler wants more food, sign and say, "Do you want some MORE \_\_\_?" This is the key to signing success: frequency and consistency.

### Talk to Your Child

Signing doesn't mean being silent. When you want to communicate, look at your toddler and make eye contact. Make the sign directly in your



toddler's line of sight so your toddler can see your eyes, the sign, and your mouth. Then speak with your toddler, emphasizing the word you are signing. For example, you might sign and say, "Do you want some MORE crackers?"

### Sing and Sign

The Signing Time Music CDs have amazing original songs from the DVDs that both you and your toddler can enjoy. Listen to the songs together and see how many signs you can remember. We've included lyric pages at the end of this Guide for the songs from the CD you received with this Guide. You can download lyrics for the songs from all of the Signing Time DVDs and CDs from the Resources area at [www.signingtime.com](http://www.signingtime.com).

### Read and Sign

Reading is one of the best things you can do for your toddler's development. Signing while you read adds a fun interactive dimension to reading and can increase your toddler's interest in books, especially if they are visual or spatial learners. As you read together, your toddler may ask you how to make a sign you don't know. If you don't know the sign yet, don't worry. You can look it up later at [www.signingtime.com/dictionary](http://www.signingtime.com/dictionary)



or another online ASL dictionary. Next time you read together, incorporate the new signs you've learned.

### Look for a Sign

Most first signs don't look exactly right since children adapt signs to their physical abilities. As fine motor skills develop, signs will also develop. (This is very similar to how speech develops. Daa-daa becomes Daddy and Bah-bah becomes bottle.) That is one of the fun things about Signing Time—you can see children of all different abilities signing.

Encourage any attempts your child makes to communicate with praise and positive reinforcement. If you think it is a sign, say: "Oh, you're signing MILK. Do you want some MILK?" Continue to make the signs correctly and your child will learn to make the signs correctly.

### Sign and Your Daily Routine

Since repetition is the key to signing success, watching Signing Time once daily is a good idea. You can either master the signs one show at a time or use all the DVDs interchangeably. Either way works fine. It's up to you and your child.

Remember that signing is not something you have to stop your life to do. Signing fits naturally into your daily activities. As you talk with your toddler, sign the words you know. Don't worry that you don't know how to sign everything.

When eating, make sure to use the food signs you know. Songs like the Silly Pizza Song and Five A Day also add a fun element to the eating experience. When you know your toddler will want more of something, wait for your toddler to sign MORE. When you play together, make the signs for the toys you are playing with. Use the signs you know consistently and repeatedly. The more you use them, the easier it will be for your toddler to learn the signs.

## Two Little Hands Product Guide

birth-3	ages 2-4	ages 2-8	ages 3-8
			
helps babies communicate	makes potty training easier	teaches signs + vocabulary	preschool curriculum
<ul style="list-style-type: none"> <li>• ASL Signs</li> <li>• First Words</li> <li>• Manners</li> <li>• Self-Worth</li> </ul>	<ul style="list-style-type: none"> <li>• Potty Routine</li> <li>• ASL Signs</li> <li>• Self Control</li> <li>• Confidence</li> </ul>	<ul style="list-style-type: none"> <li>• ASL Signs</li> <li>• Vocabulary</li> <li>• Social Skills</li> <li>• Self-Esteem</li> </ul>	<ul style="list-style-type: none"> <li>• Preschool Skills</li> <li>• ASL Signs</li> <li>• Science</li> <li>• How to Learn</li> </ul>





## SIGNING WITH OLDER CHILDREN (AGES 3-8)

Older children who are already speaking can use Signing Time to help learn ASL as a second (or third) language just as you would French or Spanish. ASL is also a great way to communicate across a room or during times when talking or shouting would be disruptive.

Signing Time has two complete DVD series that helps children establish and expand their ASL vocabulary over time. Visit [www.SigningTime.com](http://www.SigningTime.com) to see all of the Series 1 and 2 videos.)

### Watch Signing Time

You can customize your child's viewing experience to match age and signing proficiency:

For beginning signers and younger children, watch the video one segment at a time. Pause the video and ask your child to show you the signs she learned. Later, watch the Sign Review section and sign along with Rachel. Look for opportunities to use those signs together during your daily activities.

For more experienced signers and older children, challenge your child (and yourself!) to do as many signs as you can as Rachel sings the songs on the video. Turn the video off and play the same song from the CD and see how many of the signs you can remember without watching Rachel.



### Create Opportunities to Practice Your Signs

Once you have learned a few signs by watching Signing Time, use them as frequently and consistently as possible. Signing doesn't always mean being silent – practice the signs you know as you are speaking. Incorporate signing in to your daily activities. Sign the words you know. Don't worry that you don't know how to sign everything. Practice fingerspelling.

American Sign Language is used by millions of Deaf Americans, and learning some basic signs can empower you to interact with someone who is Deaf. Don't be shy! Most individuals who are Deaf will appreciate any attempt you make to communicate in their language.

### Sing and Sign

Play your Signing Time Song MP3s and see how many signs you can remember. Try your hands at the Silly Pizza Song and see if you can keep up with Rachel! Visit [www.signingtime.com/resources](http://www.signingtime.com/resources) to print out lyrics and learn other ways you can use the songs from Signing Time.

### Watch Signing Time Closely

Once you have mastered the signs taught by Rachel on the video, see what other signs you can pick up from the series. There are hundreds of signs shown, though they may not be explicitly taught. See if you can learn some or all of the signs in the songs that Rachel performs. This is a challenge that may take you some time! Visit [www.signingtime.com](http://www.signingtime.com) for more ways to use Signing Time.

### Keep Signing!

There are many community resources available for learning ASL. Many junior high and high schools offer ASL as part of their language curriculum. Colleges and universities may offer ASL classes and tutoring through their continuing education department. Volunteer at a school for the Deaf or your local Deaf Services Center. There are so many opportunities out there - with a little effort you'll find occasions to practice and learn more!



## SIGNING WITH CHILDREN WHO HAVE SPECIAL NEEDS

For children with physical, mental or developmental delays, signing can facilitate communication, reduce frustration and promote confidence in their own abilities. Signing can empower them to express their wants and needs, and can help to develop speech.

### Watch Signing Time Together

As soon as you receive your DVDs, sit down and watch Signing Time. Signing Time uses engaging music, animation, and shows lots of children signing. Interact with your child while watching Signing Time. Make the signs along with the DVD so your child can see you signing too. You can also try placing your hands over your child's hands and help him make simple signs.

### Watch for Signs

Most signs don't look exactly right since children adapt signs to their physical abilities. That is one of the fun things about Signing Time—you can see children of all abilities making signs. Signing is a great way to encourage the development of fine motor and speech skills.

Encourage any attempts your child makes to communicate with praise and positive reinforcement. If you think it is a sign, say, "Oh, you're signing MILK. Do you want some MILK?"

Continue to make your signs correctly and your child will understand. Likewise, you will come to recognize signs that he adapts to his ability. Communication is the goal, not perfect signing.

### Use the Signs Frequently and Consistently

Learn signs for words you use daily, or watch for signs that your child seems interested in while watching Signing Time. Use these signs every time you say the word.

### Talk to Your Child

Signing doesn't mean being silent. When you want to communicate, look at your child and make eye contact. Make the sign directly in your child's line of sight so he can see your eyes, the sign, and your mouth. Then, speak with your child, emphasizing the words you are signing. For example, you might say, "Do you WANT some MORE BANANAS?"

### Be Patient

It could take a while before you see your child signing back to you. Don't give up! He will sign when he is ready.

Watch for other physical responses or movements that show he understands what you are signing. Rachel Coleman's daughter, Lucy, who has cerebral palsy and spina bifida, had no signs and no words for two long years.

After continued exposure to speech and ASL, she had a language explosion. By age four, her speech and sign vocabulary was far beyond what anyone predicted, and too extensive to measure. She is now in a mainstream classroom - something doctors never thought possible years prior. Your child is a miracle in the making, and some miracles just take time!





[www.signingtime.com/dictionary](http://www.signingtime.com/dictionary)

For early communication and bonding



**Shop Now**

Makes potty training easier and more fun



**Shop Now**

Teaches sign language, builds vocabulary



**Shop Now**

Teaches science through songs and signs



**Shop Now**



## WHAT IS SIGNING TIME?

Signing Time is a family of products (DVDs, Music CDs, books, and flashcards) that teach American Sign Language (ASL) vocabulary. Signing Time products are created for children from infancy through age 8, but appeal to all ages and abilities. Signing Time DVDs feature children and adults who model each sign, original music, real-life scenes, and animated segments. The combination of visual, auditory, and kinesthetic teaching results in an effective, multi-sensory approach to learning. Each DVD in Series 1 teaches approximately 25-30 signs.

At the time of this publication, there are 34 DVDs available for purchase. The co-creator and host of Signing Time is Rachel Coleman, who is a mother to two girls: Leah, who is deaf, and Lucy, who has cerebral palsy and spina bifida. Rachel and her husband Aaron began signing with Leah when she was diagnosed as profoundly deaf at 14 months old.

Prior to learning that Leah was deaf, Rachel was a singer and songwriter. She has personally written all the songs in the Signing Time series and her fascinating life story has been featured in numerous national publications and media programs, including NBC's TODAY show.

Signing Time appeared on public television stations from 2006-2009, for which Rachel received an Emmy® nomination for the category entitled "Outstanding Performer in a Children's Series." Coleman co-created the series with her sister, Emilie Brown, who is the mother of two boys, Alex, and Zachary. (Cousins Alex and Leah are both featured in Signing Time along with Rachel.)

As the host of Signing Time, Rachel teaches each sign and then uses the signs in an original song, featuring video clips of infants, toddlers, young children and parents who sign the targeted words in a real-life context. The added visual component of the printed vocabulary word, along with an illustration, increases retention and comprehension of the new word and its sign. Verbal vocabulary often increases as ASL vocabulary increases.



**The key mission of Signing Time is to make basic sign language simple and engaging, not only for the child, but for everyone in that child's life.**





## SUCCESS STORIES

We received both of the “Baby Signing Time” DVD’s as a gift from a friend when I had mentioned wanting to teach my baby some baby sign when he was born. He is now 1 1/2, and is able to tell me so much! I have a couple of friends with babies the same age, and my little boy’s ability to communicate has by far surpassed their little ones’. We have since added a couple of the regular “Signing Time” videos to our collection, and it’s been too cute to see him come up to me and say “Baby”, then sign cry when his little baby brother is crying. I had heard the wonders of signing with your babies, but I never expected the results to be so great! My 3-month-old will also eventually learn the signs as I have found this to be an excellent tool!

- Amaree, MT

We signed with my daughter for fun and to enhance her expressive vocabulary. Her first sign was “more” at 6 months and she quickly expanded her repertoire. By age 2 1/2, she had chronic otitis media. We got her hearing tested and she had a moderate hearing loss! We were so grateful for Signing Time and her great sign vocabulary because we REALLY needed to rely on it for several months. Now she’s 5 and still asks for Alex and Leah. I hope her love of ASL continues throughout her life!

- Monica K, Belle Harbor, NY

I just would like to say that my 1-year-old son and I watch your show every Sunday. We both love it!! I have always had a fascination with ASL from the time I was little. I had neighbors who were deaf and they

**“I had heard the wonders of signing with your babies, but I never expected the results to be so great!”**

Amaree, MT



taught me enough to be able to baby-sit their two young children. I think this is a good way to teach your child. My son isn’t deaf but I want him to be open to people of all abilities, never showing discrimination.

- Altigracia G, Stafford, TX

We are three little girls, Sasha (20 mos.), Sophie (3), and Ella (5), who love Signing Time. We watch the DVDs almost every day at home and in the car when we are around town. Ella loves Rachel’s singing best. Sophie loves watching her sign (she was talking about Hopkins in her sleep “Hopkins is big..... no, small), and Sasha loves everything about the show. Sasha doesn’t have any words yet, but she signs “more”, “my turn”, and “milk”, and that’s one reason we are all learning to sign. Ella and Sophie know over 75 signs and many letters, and numbers, too. Dad and Mom love the show, too and say “Thank you for doing such a good job!”

- Ella, Sophie, & Sasha, SC



Signing Time Series One Sign Review – check off the signs you know!

My First Signs Volume 1	Eat/Food Milk Water Ball More	Bird Dog Cat Fish Car	Airplane Want Shoes Flower	Mom Dad Baby Sleep
Playtime Signs Volume 2	Friend Play Train Doll Bike Bear Please Share	Your turn My turn Book Read Socks Yes No Drink	Thirsty Dirty Clean Potty Bath Hurt Sorry	Stop Go Wait Wash hands Thank you Grandma Grandpa
Everyday Signs Volume 3	Hungry Apple Cookie Cereal Banana Bread Cheese Crackers	Ice Cream Candy Help Full Hot Cold Wet	Dry Like Don't Like Day Sun Night Moon	Stars Happy Laugh Sad Cry Boy Girl
Family, Feelings, & Fun Volume 4	House Home Family Sister Brother Son Daughter Uncle	Aunt Cousins Tree Wind Leaf Grass Cloud Rain	Snow Coat Boots Gloves Hat Feelings Grumpy	Surprise Silly Scared Excited Sick Love I Love You



ABC Signs Volume 5	A B C D E F G	H I J K L M N	O P Q R S T	U V W X Y Z
My Favorite Things Volume 6	Colors Rainbow Red Orange Yellow Green Blue	Purple Vegetable Fruit Carrot Corn Beans Potato	Lettuce Grapes Peach Pear Strawberry Watermelon Dance	Walk Sit Swim Sing Run Swing Jump
Leah's Farm Volume 7	Farm Chicken Horse Goat Mouse Rooster	Sheep Cow Donkey Pig Turkey Pet	Cat Dog Fish Bird Squirrel Duck	Rabbit Snail Frog Snake Lizard Turtle
The Great Outdoors Volume 8	Backyard Explore Tent Trail Bridge Stream Forest	Mountain Porcupine Raccoon Deer Bear Owl Skunk	Beaver Wolf Eagle Fox Bug Ant Fly	Spider Bee Worm Mosquito Caterpillar Butterfly





The Zoo Train Volume 9	Rhinoceros Bat Seal Panda Hippopotamus Zebra	Tiger Lion Shark Dolphin Whale Octopus	Crab Lobster Starfish Shrimp Monkey Kangaroo	Camel Gorilla Crocodile Elephant Penguin Giraffe
My Day Volume 10	Awake Good Morning Brush Hair Comb Hair Brush Teeth Floss Teeth Clothes Get Dressed	Shirt Shorts Pants Sweater Dress Skirt Choose Pretend	Imagination Game Blocks Build Puzzle Fun Clean up	Pajamas Bed Pillow Blanket Light Good Night Dream
My Neighbor- hood Volume 11	Playground Roller-skate Picnic Kite Swing Slide Climb	Sand Helicopter Bus Boat Motorcycle Slow Fast	Store Buy Stamp Mail Library Story Office	Work Restaurant Firefighter Police Officer Doctor Nurse
Time to Eat Volume 12	Grow Garden Everyday Cook Kitchen Make Fork	Plate Napkin Knife Spoon Cup Bowl Breakfast	Lunch Dinner Dessert May I be ex- cused? Egg Sandwich	Soup Popcorn Peas Tomato Salad Spaghetti Pizza
Welcome to School Volume 13	Pencil Table Chair Backpack School Crayons Scissors	Paper Glue Pen Line Up Pay attention Learn Remember	Smart Principal Teacher Class Student Name Word Write	Numbers Count Draw Paint Read Quiet Rest Music



## SIGNING TIME THEME

There's singing time and dancing time  
And laughing time and playing time  
And now it is our favorite time SIGNING TIME!

It's SIGNING TIME with Alex and Leah  
SIGNING TIME with Alex and Leah

Come visit our big tree house  
You can visit everyday  
There's lots of room for everyone  
And we can start today

It's SIGNING TIME with Alex and Leah  
SIGNING TIME with Alex and Leah  
It's SIGNING TIME with Alex and Leah  
Come and play, come and play, come and play!



Find this song in all Signing Time Videos!  
Series One and Series Two



## Magic Words

I have got some magic words  
I keep them by my side  
And when I use my magic words  
My friends know that I'm nice

And I say PLEASE, PLEASE, PLEASE when I want it  
I SHARE, SHARE, SHARE when we're playing  
YOUR TURN is YOUR TURN and MY TURN is mine  
And we use our THANK YOUs all of the time  
We use our THANK YOUs all of the time

And I say PLEASE, PLEASE, PLEASE when I want it  
I SHARE, SHARE, SHARE when we're playing  
YOUR TURN is YOUR TURN and MY TURN is mine  
And we use our THANK YOUs all of the time  
We use our THANK YOUs all of the time



Watch this song on YouTube!  
<http://www.youtube.com/watch?v=ZHyaC12z-iQ>

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## Part of Life

It's just part of life, you bump and bruise and fall  
Sometimes seems like everyday and sometimes not at all

When you're hurt you always become better  
When you fall down you always get back up  
And when you cry it never lasts forever  
I'll help you feel better, we help each other out

It's just part of life and hugs can save the day  
With kisses and a bandage we're ready to go play

When you're hurt you always become better  
When you fall down you always get back up  
And when you cry it never lasts forever  
I'll help you feel better, we help each other out  
I'll help you feel better, we help each other out



This song is from Signing Time  
Vol. 2: Playtime Signs



## Silly Pizza Song

When I'm feeling hungry and I don't feel like stopping  
I think of silly pizzas with all my favorite toppings—

APPLES!

I like APPLES on my pizza, I like APPLE pizza, please!  
Put the APPLES on my pizza, don't forget the extra CHEESE!

CRACKERS!

I like CRACKERS on my pizza, I like CRACKER pizza, please!  
Put the CRACKERS on the APPLES, put the APPLES on my pizza, don't forget the extra CHEESE!

ICE CREAM!

I like ICE CREAM on my pizza, I like ICE CREAM pizza, please!  
Put the ICE CREAM on the crackers, put the CRACKERS on the APPLES,  
put the APPLES on my pizza, don't forget the extra CHEESE!

CEREAL!

I like CEREAL on my pizza, I like CEREAL pizza, please!  
Put the CEREAL on the ICE CREAM, put the ICE CREAM on the CRACKERS, put the CRACKERS on the  
APPLES, put the APPLES on my pizza, don't forget the extra CHEESE!

BREAD!

I like BREAD on my pizza, I like BREAD pizza, please!  
Put the BREAD on the CEREAL, put the CEREAL on the ICE CREAM, put the ICE CREAM on the CRACKERS,  
put the CRACKERS on the APPLES, put the APPLES on my pizza, don't forget the extra CHEESE!

COOKIES!

I like COOKIES on my pizza, I like COOKIE pizza, please!  
Put the COOKIES on the BREAD, put the BREAD on the CEREAL, put the CEREAL on the ICE CREAM, put  
the ICE CREAM on the CRACKERS, put the CRACKERS on the APPLES, put the APPLES on my pizza,  
don't forget the extra CHEESE!

BANANAS!

I like BANANAS on my pizza, I like BANANA pizza, please!  
Put the BANANAS on the COOKIES, put the COOKIES on  
the BREAD, put the BREAD on the CEREAL, put the CEREAL  
on the ICE CREAM, put the ICE CREAM on the CRACKERS,  
put the CRACKERS on the APPLES, put the APPLES  
on my pizza, don't forget the extra CHEESE!

CANDY!

I like CANDY on my pizza, I like CANDY pizza, please!  
Put the CANDY on the BANANAS, put the BANANAS on  
the COOKIES, put the COOKIES on the BREAD, put the  
BREAD on the CEREAL, put the CEREAL on the ICE  
CREAM, put the ICE CREAM on the CRACKERS, put the  
CRACKERS on the APPLES, put the APPLES on my pizza,  
don't forget the extra CHEESE!



This song is from Signing Time  
Vol. 3: Everyday Signs



## Rainy Day

It's another one of those rainy days  
It's another one of those rainy days  
I would like to go and play outside  
But it's another one of those rainy, rainy days

Had a play date set up out in the sandbox  
I would've had a tea party going on this afternoon  
And I don't have the heart to tell all my bears and dolls  
This bad, bad cancellation news

So I'll stay inside doing puzzles  
And I'll make myself a puppet show  
And the only, only, only consolation that I have  
Is oh, how the flowers will grow

It's another one of those rainy days  
It's another one of those rainy, rainy days  
You know I would love to go play outside  
But it's another rainy, rainy, rainy day  
And it's another rainy, rainy, rainy day  
Well it's a rainy, rainy, rainy, rainy day  
Grow, flowers, grow!  
'Cause it's a another rainy, rainy, rainy day



This song is from Signing Time  
Vol. 3: Everyday Signs



## Good Night Baby

Good night baby, I hope you have sweet dreams  
We've turned the page on this day and now it's time to sleep

Good night baby, it's faster than it seems  
I used to be the baby and my mom sang to me

Good night, good night, I watch you as you sleep  
The world loves little babies and you are the world to me

Good night, good night, I watch you as you sleep  
The world loves little babies and you are the world to me



This song is from Signing Time  
Vol. 3: Everyday Signs



## Proud To Be Me

I'm a girl, I'm a girl, I'm proud to be me, yeah!  
I'm a boy, I'm a boy, I'm proud to be me, yeah!

There are so many things that you can be  
You might be short, you might be tall  
Different colored eyes, different colored hair  
But underneath it all, I'm proud to be me

I'm a boy, I'm a boy, I'm proud to be me, yeah!  
I'm a girl, I'm a girl, I'm proud to be me, yeah!

Doesn't matter what you look like  
The things you can and cannot do  
Just be a boy or be a girl  
Feel proud that you are you!

I'm a boy, I'm a boy, I'm proud to be me, yeah!  
I'm a girl, I'm a girl, I'm proud to be me, yeah!

I'm a boy, I'm a boy, I'm proud to be me, yeah!  
I'm a girl, I'm a girl, I'm proud to be me, yeah!



This song is from Signing Time  
Vol. 3: Everyday Signs



## Show Me A Sign

At 2 years of age, my daughter Lucy had no words and no signs. Lucy has spina bifida and cerebral palsy, both of which affected her ability to communicate. Her doctors cautioned that we should be prepared for Lucy to be diagnosed as mentally retarded, unless she could show them a sign that she wasn't. I wrote this song as a prayer; a prayer that Lucy would prove her doctors wrong—she did. She is the first "Signing Time Miracle."

How are you doing little one?  
My little one, my little one  
I'd like to know what's on your mind  
Our days together, time together  
You and me, our one-on-one  
These are the times that make me smile  
You make me smile

Tell me that you love me  
Tell me that you're thinking of me  
Tell me all about the things you're thinking  
Day and night, both day and night  
Tell me that you're happy  
And you love it when we're laughing  
Tell me more, oh, tell me more, show me a sign  
Show me a sign

Every day you grow up more  
And teach me more about what I'm here for  
And every day I love you more  
I love you more. I love you!

Tell me that you love me  
Tell me that you're thinking of me  
Tell me all about the things you're thinking  
Day and night, both day and night  
Tell me that you're happy  
And you love it when we're laughing  
Tell me more, oh, tell me more—show me a sign  
Show me a sign—show me a sign—show me a sign



This song is from Signing Time  
Vol. 1: My First Signs



## The Good

Two years after Leah, we planned our second child. I imagined sunny mornings with our new baby, while Leah attended Preschool. Hearing or deaf, this would be so easy! Our 18-week ultrasound showed our new baby had hydrocephalus and spina bifida. "Easy" slipped right through my fingers. Lucy was born and we found something better than "easy." Suddenly we found something to celebrate every single day!

To my awesome husband Aaron- Maybe we won't find easy, but baby, we have found the good! I love you~ Rachel

It was you and me and the whole world right before us  
I couldn't wait to start  
I saw you and dreams just like everyone before us  
We thought we knew what we got

And then one day I thought it slipped away  
And I looked to my hands to hold on  
And then one day all my fear slipped away  
And my hands did so much more

So maybe we won't find easy  
But, baby, we've found the good  
No, maybe we won't find easy  
But, baby, we've found the good!

It was you and me and a new world right before us  
I was so scared to start  
I saw you and dreams just like everyone before us  
But how did they move so far?

And then one day I thought it slipped away  
And I looked to my hands to hold you  
And then one day all my fear slipped away  
And my hands did so much more

So maybe we won't find easy  
But, baby, we've found the good  
Maybe we won't find easy  
But, baby, we've found the good!



This song is from Signing Time  
Vol. 2: Playtime Signs



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